SCOPA – PS

Questionnaire on the psychosocial consequences of Parkinson’s Disease

In this questionnaire, we inquire about problems which you may encounter as a result of your illness in the areas of (social) activities, contact with other people, and on an emotional level. When answering the following questions, please think carefully about your personal situation during the past month, and consider to what extent the situation described actually posed a problem for you. Tick the box above the answer which best reflects your situation.

1. During the past month, have you had difficulty with work, household or other chores?
   - [ ] not at all
   - [ ] a little
   - [ ] quite a bit
   - [ ] very much

2. During the past month, have you had difficulty with hobbies, sport or leisure activities?
   - [ ] not at all
   - [ ] a little
   - [ ] quite a bit
   - [ ] very much

3. During the past month, have you felt uncertain in your contact with others?
   - [ ] not at all
   - [ ] a little
   - [ ] quite a bit
   - [ ] very much

4. During the past month, have you had problems getting along with your partner, family or good friends?
   - [ ] not at all
   - [ ] a little
   - [ ] quite a bit
   - [ ] very much

5. During the past month, have you had problems in the area of sexuality?
   - [ ] not at all
   - [ ] a little
   - [ ] quite a bit
   - [ ] very much
6. During the past month, have you felt more house-bound than you would wish to be?

[ ] not at all  [ ] a little  [ ] quite a bit  [ ] very much

7. To what extent have you had the feeling that you have had to ask others for help too often during the past month?

[ ] not at all  [ ] a little  [ ] quite a bit  [ ] very much

8. To what extent have you felt isolated and lonely during the past month?

[ ] not at all  [ ] a little  [ ] quite a bit  [ ] very much

9. During the past month, have you had difficulty when having a conversation?

[ ] not at all  [ ] a little  [ ] quite a bit  [ ] very much

10. To what extent have you felt ashamed of your disease during the past month?

[ ] not at all  [ ] a little  [ ] quite a bit  [ ] very much

11. During the past month, have you been concerned about the future?

[ ] not at all  [ ] a little  [ ] quite a bit  [ ] very much

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