

# BMJ

## Diagnosis and treatment of sciatica

B W Koes, M W van Tulder and W C Peul

BMJ 2007;334:1313-1317  
doi:10.1136/bmj.39223.428495.BE

---

Updated information and services can be found at:  
<http://bmj.com/cgi/content/full/334/7607/1313>

---

*These include:*

### Data supplement

"Web references"

<http://bmj.com/cgi/content/full/334/7607/1313/DC1>

### References

This article cites 22 articles, 5 of which can be accessed free at:  
<http://bmj.com/cgi/content/full/334/7607/1313#BIBL>

1 online articles that cite this article can be accessed at:  
<http://bmj.com/cgi/content/full/334/7607/1313#otherarticles>

### Rapid responses

8 rapid responses have been posted to this article, which you can access for free at:

<http://bmj.com/cgi/content/full/334/7607/1313#responses>

You can respond to this article at:

<http://bmj.com/cgi/eletter-submit/334/7607/1313>

### Email alerting service

Receive free email alerts when new articles cite this article - sign up in the box at the top left of the article

---

### Topic collections

Articles on similar topics can be found in the following collections

[Occupational Health](#) (1292 articles)

[Other Neurology](#) (3663 articles)

[Neurological injury](#) (335 articles)

[Neuromuscular disease](#) (356 articles)

---

### Notes

---

To order reprints follow the "Request Permissions" link in the navigation box

To subscribe to *BMJ* go to:

<http://resources.bmj.com/bmj/subscribers>

# Diagnosis and treatment of sciatica

B W Koes,<sup>1</sup> M W van Tulder,<sup>2</sup> W C Peul<sup>3</sup>

<sup>1</sup>Department of General Practice, Erasmus MC, University Medical Center Rotterdam, PO Box 2040, 3000 CA Rotterdam, Netherlands

<sup>2</sup>EMGO Institute, VU University Medical Center, Amsterdam, Netherlands

<sup>3</sup>Department of Neurosurgery, Leiden University Medical Center, Leiden, Netherlands

Correspondence to: B W Koes  
[b.koes@erasmusmc.nl](mailto:b.koes@erasmusmc.nl)

BMJ 2007;334:1313-7

doi:10.1136/bmj.39223.428495.BE

Sciatica affects many people. The most important symptoms are radiating leg pain and related disabilities. Patients are commonly treated in primary care but a small proportion is referred to secondary care and may eventually have surgery. Many synonyms for sciatica appear in the literature, such as lumbosacral radicular syndrome, ischias, nerve root pain, and nerve root entrapment.

In about 90% of cases sciatica is caused by a herniated disc with nerve root compression, but lumbar stenoses and (less often) tumours are possible causes. The diagnosis of sciatica and its management varies considerably within and between countries—for example, the surgery rates for lumbar discectomy vary widely between countries.<sup>w1</sup> A recent publication confirmed this large variation in disc surgery, even within countries.<sup>1</sup> This may in part be caused by a paucity of evidence on the value of diagnostic and therapeutic interventions and a lack of clear clinical guidelines or reflect differences in healthcare and insurance systems. This review presents the current state of science for the diagnosis and treatment of sciatica.

## Who gets sciatica?

Exact data on the incidence and prevalence of sciatica are lacking. In general an estimated 5%-10% of patients with low back pain have sciatica, whereas the reported lifetime prevalence of low back pain ranges from 49% to 70%.<sup>w2</sup> The annual prevalence of disc related sciatica in the general population is estimated at 2.2%.<sup>2</sup> A few personal and occupational risk factors for sciatica have been reported (box 1), including age, height, mental stress, cigarette smoking, and exposure to vibration

from vehicles.<sup>2,3 w2</sup> Evidence for an association between sciatica and sex or physical fitness is conflicting.<sup>2,3 w2</sup>

## How is sciatica diagnosed?

Sciatica is mainly diagnosed by history taking and physical examination. By definition patients mention radiating pain in the leg. They may be asked to report the distribution of the pain and whether it radiates below the knee and drawings may be used to evaluate the distribution. Sciatica is characterised by radiating pain that follows a dermatomal pattern. Patients may also report sensory symptoms.

Physical examination largely depends on neurological testing. The most applied investigation is the straight leg raising test or Lasègue's sign. Patients with sciatica may also have low back pain but this is usually less severe than the leg pain. The diagnostic value of history and physical examination has not been well studied.<sup>4</sup> No history items or physical examination tests have both high sensitivity and high specificity. The pooled sensitivity of the straight leg raising test is estimated to be 91%, with a corresponding pooled specificity of 26%.<sup>5</sup> The only test with a high specificity is the crossed straight leg raising test, with a pooled specificity of 88% but sensitivity of only 29%.<sup>5</sup> Overall, if a patient reports the typical radiating pain in one leg combined with a positive result on one or more neurological tests indicating nerve root tension or neurological deficit the diagnosis of sciatica seems justified. Box 2 shows the signs and symptoms that help to distinguish between sciatica and non-specific low back pain.

## What is the value of imaging?

Diagnostic imaging is only useful if the results influence further management. In acute sciatica the diagnosis is based on history taking and physical examination and treatment is conservative (non-surgical). Imaging may be indicated at this stage only if there are indications or "red flags" that the sciatica may be caused by underlying disease (infections, malignancies) rather than disc herniation.

Diagnostic imaging may also be indicated in patients with severe symptoms who fail to respond to conservative care for 6-8 weeks. In these cases surgery might be considered and imaging used to identify if a herniated disc with nerve root compression is present and its

### Sources and selection criteria

We identified systematic reviews in the Cochrane Library evaluating the effectiveness of conservative and surgical interventions for sciatica. Medline searches up to December 2006 were carried out to find other relevant systematic reviews on the diagnosis and treatment of low back pain. Keywords were sciatica, hernia nuclei pulposi, ischias, nerve root entrapment, systematic review, meta-analysis, diagnosis, and treatment. In addition we used our personal files for other references, including publications of recent randomised clinical trials. Finally we checked the availability of clinical guidelines.

**Box 1 | Risk factors for acute sciatica<sup>3 w2</sup>****Personal factors**

- Age (peak 45-64 years)
- Increasing risk with height
- Smoking
- Mental stress

**Occupational factors**

- Strenuous physical activity—for example, frequent lifting, especially while bending and twisting
- Driving, including vibration of whole body

**Box 2 | Indicators for sciatica<sup>w5</sup>**

- Unilateral leg pain greater than low back pain
- Pain radiating to foot or toes
- Numbness and paraesthesia in the same distribution
- Straight leg raising test induces more leg pain
- Localised neurology—that is, limited to one nerve root

location and extent. It is important as part of the decision to operate that the clinical findings and symptoms correspond well with the scan findings. This is especially relevant because disc herniations identified by computed tomography or magnetic resonance imaging are highly prevalent (20%-36%) in people without symptoms who do not have sciatica.<sup>6 w3</sup> In many people with clinical symptoms of sciatica no lumbar disc herniations are present on scans.<sup>7 8</sup> At present no one type of imaging method shows a clear advantage over others. Although some authors favour magnetic resonance imaging above other imaging techniques because computed tomography has a higher radiation dose or because soft tissues are better visualised,<sup>9 10</sup> evidence shows that both are equally accurate at diagnosing lumbar disc herniation.<sup>11</sup> Radiography for the diagnosis of lumbar disc herniation is not recommended because discs cannot be visualised by x rays.<sup>11</sup>

**What is the prognosis?**

In general the clinical course of acute sciatica is favourable and most pain and related disability resolves within two weeks. For example, in a randomised trial that compared non-steroidal anti-inflammatory drugs with placebo for acute sciatica in primary care 60% of the patients recovered within three months and 70%

**Box 3 | Levels of evidence for conservative treatments for sciatica**

- Bed rest (trade-off)
- Staying active, in contrast to bed rest (likely to be beneficial)
- Analgesics or non-steroidal anti-inflammatory drugs, acupuncture, epidural steroid injections, spinal manipulation, traction therapy, physical therapy, behavioural treatment, multidisciplinary treatment (unknown effectiveness)

within 12 months.<sup>12</sup> About 50% of patients with acute sciatica included in placebo groups in randomised trials of non-surgical interventions reported improvement within 10 days and about 75% reported improvement after four weeks.<sup>13</sup> In most patients therefore the prognosis is good, but at the same time a substantial proportion (up to 30%) continues to have pain for one year or longer.<sup>12 13</sup>

**What is the efficacy of conservative treatments for sciatica?**

Conservative treatment for sciatica is primarily aimed at pain reduction, either by analgesics or by reducing pressure on the nerve root. A recent systematic review found that conservative treatments do not clearly improve the natural course of sciatica in most patients or reduce symptoms.<sup>14</sup> Adequately informing patients about the causes and expected prognosis may be an important part of the management strategy. However, educating patients about sciatica has not been specifically investigated in randomised controlled trials.

Box 3 summarises the evidence of effectiveness for commonly available conservative treatments for sciatica, including injection therapy. Strong evidence of effectiveness is lacking for most of the available interventions. Little difference in effect on pain and functional status has been shown between bed rest and advice on staying active.<sup>15</sup> As a result of this finding, bed rest—for a long time the mainstay of treatment for sciatica—is no longer widely recommended.<sup>w2 w4</sup> Analgesics, non-steroidal anti-inflammatory drugs, and muscle relaxants do not seem to be more effective than placebo in reducing symptoms. Evidence for opioids and various compound drugs is lacking. A systematic review reported that no evidence exists for traction, non-steroidal anti-inflammatory drugs, intramuscular steroids, or tizanidine being superior to placebo.<sup>13</sup> This review suggested that epidural injections of steroid might be effective in patients with acute sciatica.<sup>13</sup> However, a more recent systematic review of a larger number of randomised trials reported that there was no evidence of positive short term effects of corticosteroid injections and that the long term effects were unknown.<sup>14</sup> The same systematic review reported that active physical therapy (exercises) seemed not to be better than inactive (bed rest) treatment and other conservative treatments, such as traction, manipulation, hot packs, or corsets).<sup>14</sup>

**What is the role of surgery in sciatica?**

Surgical intervention for sciatica focuses on removal of disc herniation and eventually part of the disc or on foraminal stenosis, with the purpose of eliminating the suspected cause of the sciatica. Treatment is aimed at easing the leg pain and corresponding symptoms and not at reducing the back pain. Consensus is that a cauda equina syndrome is an absolute indication for immediate surgery. Elective surgery is the choice for unilateral sciatica. Until recently only one relatively old randomised trial was available that compared surgical intervention with conservative treatment for

**Box 4 | Clinical guideline for diagnosis and treatment of sciatica from Dutch College of General Practice<sup>44</sup>****Diagnosis**

- Check for red flag conditions, such as malignancies, osteoporotic fractures, radiculitis, and cauda equina syndrome
- Take a history to determine localisation; severity; loss of strength; sensibility disorders; duration; course; influence of coughing, rest, or movement; and consequences for daily activities
- Carry out a physical examination, including neurological testing—for example, straight leg raising test (Lasègue's sign)
- Carry out the following tests in cases with a dermatomal pattern, or positive result on straight leg raising test, or loss of strength or sensibility disorders: reflexes (Achilles or knee tendon), sensibility of lateral and medial sides of feet and toes, strength of big toe during extension, walking on toes and heel (left-right differences), crossed Lasègue's sign
- Imaging or laboratory diagnostic tests are only indicated in red flag conditions but are not useful in cases of suspected disc herniation

**Treatment**

- Explain cause of the symptoms and reassure patients that symptoms usually diminish over time without specific measures
- Advise to stay active and continue daily activities; a few hours of bed rest may provide some symptomatic relief but does not result in faster recovery
- Prescribe drugs, if necessary, according to four steps: (1) paracetamol; (2) non-steroidal anti-inflammatory drugs; (3) tramadol, paracetamol, or non-steroidal anti-inflammatory drug in combination with codeine; and (4) morphine
- Refer to neurosurgeon immediately in cases of cauda equina syndrome or acute severe paresis or progressive paresis (within a few days)
- Refer to neurologist, neurosurgeon, or orthopaedic surgeon for consideration of surgery in cases of intractable radicular pain (not responding to morphine) or if pain does not diminish after 6-8 weeks of conservative care

patients with sciatica.<sup>16</sup> This study showed that surgical intervention had better results after one year, whereas after four and 10 years of follow-up no significant differences were found.<sup>16</sup>

A Cochrane review summarised the available randomised clinical trials evaluating disc surgery and chemonucleolysis.<sup>17</sup> In chemonucleolysis the enzyme chymopapain is injected in the discus with the purpose of shrinking the nucleus pulposus. The review reported better results with disc surgery than with chemonucleolysis in patients with severe sciatica of relatively long duration varying from more than four weeks to more than four months. Chemonucleolysis was more effective than placebo. Indirectly therefore the review suggested that disc surgery is more effective than placebo. On the basis of data from three trials the authors concluded that evidence is considerable that surgical discectomy provides effective clinical relief for carefully

selected patients with sciatica as a result of lumbar disc prolapse that fails to resolve with conservative care. A recent review came to the same conclusion.<sup>18</sup> The Cochrane review further concluded that the long term effects of surgical intervention are unclear and that evidence on the optimal timing of surgery is also lacking.<sup>17</sup>

**Randomised controlled trials not yet included in systematic reviews**

Two additional randomised controlled trials have been published comparing disc surgery with conservative treatment. One trial (n=56) compared microdiscectomy with conservative treatment in patients who had had sciatica for six to 12 weeks.<sup>19</sup> Overall, no significant differences were found for leg pain, back pain, and subjective disability over two years of follow-up. Leg pain, however, seemed to initially improve more rapidly in patients in the discectomy group. The large spine patient outcomes research trial (a randomised trial) and related observational cohort study was carried out in the United States.<sup>20,21</sup> Patients with sciatica for at least six weeks and confirmed disc herniation were invited to participate in either a randomised trial or an observational cohort study. Patients in the trial were randomised to disc surgery or to conservative care. Patients in the cohort study received disc surgery or conservative care based on their preference. In the randomised trial (n=501) both treatment groups improved substantially over two years for all primary and secondary outcome measures. Small differences were found in favour of the surgery group, but these were not statistically significant for the primary outcome measures. Only 50% of the patients randomised to surgery received surgery within three months of inclusion compared with 30% randomised to conservative care. After two years of follow-up 45% of patients in the conservative care group underwent surgery compared with 60% in the surgery group.<sup>20</sup>

The observational cohort included 743 patients. Both groups improved substantially over time, but the surgery group showed significantly better results for pain and function compared with the conservative group. The authors did mention caution in interpreting the findings because of potential confounding by indication and because outcome measures were self reported.<sup>21</sup>

**Additional educational resources**

*BMJ Clinical Evidence* ([www.clinicalevidence.org](http://www.clinicalevidence.org))—Up to date evidence for clinicians on the benefits and harms of treatments for a variety of disorders

Cochrane Back Review Group ([www.cochrane.iwh.on.ca](http://www.cochrane.iwh.on.ca))—Activities of review group responsible for writing systematic Cochrane reviews on the efficacy of treatments for low back pain and sciatica

Low back pain: guidelines for its management ([www.backpaineurope.org](http://www.backpaineurope.org))—Recently issued guidelines for the management of low back pain and sciatica from the European Commission Research Directorate General

**A patient's perspective (A)**

After an episode of lumbago during a vacation I continuously had low back pain and tingling feet for about nine months. Then suddenly my right foot started to hurt badly and after a while the pain became so severe that I was unable to leave my house. The specialist ordered an MRI (magnetic resonance imaging) scan and it revealed a large lumbar disc herniation. Since it only got worse after that I decided to have surgery. After the operation I recovered quickly and the back pain and leg pain were completely gone. I soon was able to go back to work and rebuild my social life. Unfortunately after a couple of months the low back pain and the other symptoms returned, although not as severe as before surgery. A new MRI scan now revealed two small disc herniations and two bad intervertebral discs. The specialist told me that it was too early for a second operation.

Now it is unclear to me what the doctor can do about it and I don't even know which measures I can take myself. The constant back and leg pain are greatly interfering with my work and my social life. I sometimes feel like an elderly person because of my physical limitations. I try to stay positive, but it is hard to cope with the uncertainty.  
C Penning, aged 32, Rotterdam

The results indicate that both conservative care and disc surgery are relevant treatment options for patients with sciatica of at least six weeks' duration. Surgical intervention may provide quicker relief of symptoms compared with conservative care, but no large differences have been found in success rate after one or two years of follow-up. Patients and doctors may thus weigh the benefits and harms of both options to make individual choices. This is especially relevant because patients' preference for treatment may have a direct positive influence on the magnitude of the treatment effect.

**What are the recommendations in clinical guidelines?**

Although in many countries clinical guidelines are available for the management of non-specific low back pain this is not the case for sciatica.<sup>22</sup> Box 4 shows the recommendations for sciatica (lumbosacral radicular syndrome) in clinical guidelines recently issued by the Dutch College of General Practice.<sup>w4</sup> After excluding specific diseases on the basis of red flags, sciatica is diagnosed on the basis of history taking and physical examination. Initial treatment is conser-

**A patient's perspective (B)**

My complaints started about four months ago with pain in the lower back. Soon after the pain radiated into my legs, for which I went to my general practitioner. His analysis was no herniated disc. A muscle relaxant in combination with referral to a physiotherapist would reduce the symptoms. Three weeks of physiotherapy followed by several treatments by a chiropractor did not provide any symptom relief. In fact the symptoms became worse—especially during walking and standing. Lying down and cycling were much better tolerated. Additional complaints were reduced strength in the left leg, not being able to stand on the heel or toes, a cold feeling in the lower leg at the end of the day, while in the morning it felt like standing in a bunch of needles. About one month ago a neurologist diagnosed a herniated disc on the right side based on an MRI scan that was taken. However, this could not explain the symptoms in the left leg. The symptoms in the left leg could be due to spinal stenosis. The complaints were not severe enough to recommend surgery and the neurologist told me that a substantial improvement was to be expected within a period of 3-4 months. His advice was to continue normal daily activities as much as possible. At present (one month later) I feel some improvement of my symptoms.

J Vreuls, aged 49, The Hague

vative, with a strong focus on patient education, advice to stay active, continuing daily activities, and adequate treatment for pain. In this phase imaging has no role. Referral to a medical specialist—for example, neurologist, rheumatologist, spine surgeon—is indicated in patients whose symptoms do not improve after conservative treatment for at least 6-8 weeks. In these referred cases surgery may be considered. Immediate referral is indicated in cases with a cauda equina syndrome. Acute severe paresis or progressive paresis are also reasons for referral (within a few days).

**Promising developments**

More evidence based information has become available on the efficacy of surgical care compared with conservative care for patients with sciatica. Although evidence is limited, initial findings suggest no important differences in long term (one or two years) effect between these two approaches. This finding may be partly explained by patients who initially received conservative care later undergoing disc surgery. In all available studies it seems that a substantial proportion of patients improve over time. This holds true for patients undergoing surgery or receiving conservative care. Patients undergoing disc surgery are more likely to get quicker relief of leg symptoms than patients receiving conservative care. If symptoms do not improve after 6-8 weeks patients may opt for disc surgery. Those who are hesitant about surgery and can cope with their symptoms may opt for continued conservative care. Patient preference is therefore an important feature in the decision process.

Since the mid-1990s a switch has occurred in the management of sciatica from passive treatments, such as bed rest, to a more active approach, with patients being advised to continue their daily activities as much as possible.

**Future research**

More information is needed on the importance of clinical signs and symptoms for the prognosis of sciatica and the response to treatment. This includes the value of size and location of the disc herniation, visible nerve root compression, sequestration, and the results of history taking and physical and neurological examinations. Subgroup analysis in a Finnish trial showed that discectomy was superior to conservative treatment in patients with disc herniation at L4-5.<sup>23</sup> No strong evidence exists for or against the efficacy of many of the available conservative treatments. Much progress can be achieved here. Questions remain about the efficacy of analgesics for sciatica and the value of physical therapy and of patient education and counselling. No trial has yet evaluated the effectiveness of behavioural treatment and multidisciplinary treatment programmes.

Tumour necrosis factor  $\alpha$  has been identified in animal and human studies as one factor in the development of sciatica.<sup>23,24</sup> The first randomised trial evaluating a tumour necrosis factor  $\alpha$  antagonist in patients with sciatica did not find a positive result.<sup>25</sup>

**SUMMARY POINTS**

Most patients with acute sciatica have a favourable prognosis but about 20%-30% have persisting problems after one or two years

The diagnosis is based on history taking and physical examination

Imaging is indicated only in patients with "red flag" conditions or in whom disc surgery is considered

Passive (bed rest) treatments have been replaced with more active treatments

Consensus is that initial treatment is conservative for about 6-8 weeks

Disc surgery may provide quicker relief of leg pain than conservative care but no clear differences have been found after one or two years

**Contributors:** BWK wrote the first draft. MWV and WCP critically appraised and improved the manuscript. BWK is guarantor.

**Competing interests:** None declared.

**Provenance and peer review:** Commissioned; peer reviewed.

- Weinstein JN, Lurie JD, Olson PR, Bronner KK, Fisher ES. United States' trends and regional variations in lumbar spine surgery: 1992-2003. *Spine* 2006;31:2707-14.
- Younes M, Bejia I, Aguir Z, Letaief M, Hassen-Zroer S, Touzi M, et al. Prevalence and risk factors of disc-related sciatica in an urban population in Tunisia. *Joint Bone Spine* 2006;73:538-42.
- Miranda H, Viikari-Juntura E, Martikainen R, Takala E, Riihimaki H. Individual factors, occupational loading, and physical exercise as predictors of sciatic pain. *Spine* 2002;27:1102-9.
- Vroomen PCA, Krom MCTFM de, Knottnerus JA. Diagnostic value of history and physical examination in patients suspected of sciatica due to disc herniation: a systematic review. *J Neurol* 1999;246:899-906.
- Deville WLJM, Windt DAWM, van der Dzaferagic A, Bezemer PD, Bouter LM. The test of Lasegue: systematic review of the accuracy in diagnosing herniated discs. *Spine* 2000;25:1140-7.
- Jensen MC, Brant-Zawadzki MN, Obuchowski N, Modic MT, Malkasian D, Ross JS. Magnetic resonance imaging of the lumbar spine in people without back pain. *N Engl J Med* 1994;331:69-73.
- Modic MT, Ross JS, Obuchowski NA, Browning KH, Cianflocco AJ, Mazanec DJ. Contrast-enhanced MR imaging in acute lumbar radiculopathy: a pilot study of the natural history. *Radiology* 1995;195:429-35.
- Modic MT, Obuchowski NA, Ross J, Brant-Zawadzki MN, Grooff PN, Mazanec DJ, et al. Acute low back pain and radiculopathy: MR imaging findings and their prognostic role and effect on outcome. *Radiology* 2005;237:597-604.
- Govind J. Lumbar radicular pain. *Aus Fam Phys* 2004;33:409-12.
- Awad JN, Moskovich R. Lumbar disc herniations: surgical versus nonsurgical treatment. *Clin Orthop Relat Res* 2006;443:183-97.
- Jarvik JG, Deyo RA. Diagnostic evaluation of low back pain with emphasis on imaging. *Ann Intern Med* 2002;137:586-97.
- Weber H, Holme I, Amlie E. The natural course of acute sciatica with nerve root symptoms in a double blind placebo-controlled trial of evaluating the effect of piroxicam (NSAID). *Spine* 1993;18:1433-8.
- Vroomen PCA, Krom MCTFM de, Slofstra PD, Knottnerus JA. Conservative treatment of sciatica: a systematic review. *J Spinal Dis* 2000;13:463-9.
- Luijsterburg PAJ, Verhagen AP, Ostelo RWJG, Os TAG van, Peul WC, Koes BW. Effectiveness of conservative treatments for the lumbosacral radicular syndrome: a systematic review. *Eur Spine J* 2007 Apr 6;(Epub ahead of print).
- Hagen KB, Jamtvedt G, Hilde G, Winnem MF. The updated Cochrane review of bedrest for low back pain and sciatica. *Spine* 2005;30:542-6.
- Weber H. Lumbar disc herniation. A controlled prospective study with ten years of observation. *Spine* 1983;8:131-40.
- Gibson JN, Waddell G. Surgical interventions for lumbar disc prolapse. *Cochrane Database Syst Rev* 2007 Jan 24;(1):CD001350.
- Van Tulder MW, Koes B, Seitsalo S, Malmivaara A. Outcome of invasive treatment modalities on back pain and sciatica: an evidence-based review. *Eur Spine J* 2006;15:S82-92.
- Osterman H, Seitsalo S, Karppinen J, Malmivaara A. Effectiveness of microdiscectomy for lumbar disc herniation. *Spine* 2006;31:2409-14.
- Weinstein JN, Tosteson TD, Lurie JD, Tosteson ANA, Hanscom B, Skinner JS, et al. Surgical vs nonoperative treatment for lumbar disk herniation: the spine patient outcomes research trial (SPORT): a randomized trial. *JAMA* 2006;296:2441-50.
- Weinstein JN, Lurie JD, Tosteson TD, Skinner JS, Hanscom B, Tosteson ANA, et al. Surgical vs nonoperative treatment for lumbar disk herniation: the spine patient outcomes research trial (SPORT) observational cohort. *JAMA* 2006;296:2451-9.
- Koes BW, Tulder MW van, Ostelo R, Burton AK, Waddell G. Clinical guidelines for the management of low back pain in primary care: an international comparison. *Spine* 2001;26:2504-13.
- Mulleman D, Mammou S, Griffoul I, Watier H, Goupille P. Pathophysiology of disc-related sciatica. I. Evidence supporting a chemical component. *Joint Bone Spine* 2006;73:151-8.
- Mulleman D, Mammou S, Griffoul I, Watier H, Goupille P. Pathophysiology of disc-related low back pain and sciatica. II. Evidence supporting treatment with TNF-alfa antagonists. *Joint Bone Spine* 2006;73:270-7.
- Korhonen T, Karppinen J, Paimela L, Malmivaara A, Lindgren KA, Bowman C, et al. The treatment of disc herniation-induced sciatica with infliximab: one-year follow-up results of FIRST II, a randomized controlled trial. *Spine* 2006;31:2759-66.

**CORRECTIONS AND CLARIFICATIONS**

**Improved effectiveness of partner notification for patients with sexually transmitted infections: systematic review**

In this research article by Sven Trelle and colleagues (*BMJ* 2007;334:354-7; doi: 10.1136/bmj.39079.460741.7C) two errors were missed in the full version (on [bmj.com](http://bmj.com)). The absolute risk ratio if 10% of patients managed with simple patient referral had persistent or recurrent infections would be 2.7% [not 3.7%] and the number needed to treat 37 [not 27].

**Cover picture**

In the 26 May issue of the *BMJ* we put a picture of a roundworm on the cover of the printed journal, beside the words "Anaemia in developing countries." As we should have known, it is not roundworms, but hookworms, that occur with iron deficiency anaemia (as the editorial in that issue pointed out).

**Drug eluting stents: What fuels public policy?**

During the preparation of this letter by Mark H Wilson (*BMJ* 2007;334:599-600, 24 Mar, doi: 10.1136/bmj.39150.648762.BE), we wrongly marked up the position and email address of the author. His correct affiliation is director of medical ethics ([healthresearch@sympatico.ca](mailto:healthresearch@sympatico.ca)).

**Short Cuts Extra: INR easily monitored at home**

In this item by Harvey Marcovitch about the use of portable coagulometers (*BMJ* 2007;334:928, 5 May, doi: 10.1136/bmj.39191.635637.AD) the penultimate sentence should have read: "Paired results were highly correlated ( $r=0.91$ ), and only three (5%) of the home tests differed from laboratory results by >15% [not >20%]."