## Contact card for patients receiving chemotherapy.

Non urgent complaints (warning signs)	Serious and urgent complaints (warning signs)
In case of the following non urgent complaints you can contact the oncology nurse during office hours or discuss the complaints at your next appointment with the oncologist.	In case of the following serious complaints you should contact the hospital immediately.
• A temperature of 38.0-38.4 °C and/or feeling unwell.	• A temperature of 38.5 °C or higher and/or chills.
<ul> <li>Feel dizzy or experience severe fatigue (in bed/lying on the couch for more than 50% of the day).</li> <li>A sore mouth, which causes problems or pain when you are swallowing.</li> <li>Painful or burning sensation in eyes.</li> </ul>	<ul> <li>Bleeding         <ul> <li>A nosebleed that lasts longer than 5 minutes, or recurrent nosebleeds (more than 2 times a day) or persistent bleeding from a wound (more than 30 minutes).</li> <li>Bruises without bumping into anything.</li> <li>Blood in urine or very heavy menstruation.</li> <li>Vomiting blood.</li> <li>Blood in your stool and/or black stools (unless you are taking iron pills).</li> <li>Coughing blood.</li> </ul> </li> </ul>
• Can drink less than 1 liter a day.	Severe and persistent vomiting (more than 2 times a day).
• No stool for longer than 3 days.	Diarrhea more than 4 times a day.
<ul> <li>Tingling or numbness in fingers or toes.</li> <li>(Unless your doctor informed you of this side effect).</li> </ul>	Pain while urinating and/or dark urine.
Questions concerning prescriptions or appointments.	Experience sudden shortness of breath and/or pain breathing or chest pains.
<ul> <li>In patients with ascites (fluid in the abdomen): weight gain of more than 2 kg in 3 days.</li> </ul>	Increase in pain (unbearable).
• In patients with liver cirrhosis: less than 2-3 times stool in spite of lactulose.	<ul> <li>If a wound becomes red, painful or has pus or fluid coming out.</li> <li>A sudden rash.</li> </ul>
	An increase in drowsiness.

If you are uncertain about something, have a question about your treatment/physical complaints, or have a complaint of which you are not sure whether it is 'normal', you can always call the hospital.

It is convenient to keep your patient number ready when you call. This number can also be found on your contact card.

Contact details Oncology department

For questions about complaints (see above contact card) of urgent questions *Telephone number oncology nurse:* 071-5298073 (available 24 hours a day, preferably between 8.00-09.00 or 14.00-15.00 hr).

<u>For questions about appointments</u> *Telephone number secretary Outpatient Clinic Oncology:* 071-5263523 (During office hours 9.00-16.00 hr)

<u>For repeat prescriptions</u> Via mijnLUMC / herhaalrecept : see information folder 'mijnLUMC' practical information / repeat prescription

<u>For not-urgent questions that can't wait until the next the appointment</u> Via mijnLUMC / E-consult : see information folder 'mijnLUMC' practical information / E-consult

General telephone number LUMC : 071-5269111